

Mother Exercised Before Pregnant*

2011 Maine Pregnancy Risk Assessment Monitoring System Survey Results

		No		Yes	
Demographic Groups	Population	%	CI	%	CI
Total	12,696	45.5	42.0 - 49.0	54.5	51.0 - 58.1
Age					
<20 years	868	55.4	41.1 - 68.8	44.6	31.2 - 58.9
20-24 years	3,112	50.5	43.0 - 58.1	49.5	41.9 - 57.1
25-34 years	7,025	43.2	38.6 - 47.9	56.8	52.1 - 61.4
35+ years	1,691	41.7	32.9 - 51.1	58.3	48.9 - 67.1
Mother's Race					
White	11,943	45.0	41.4 - 48.6	55.0	51.4 - 58.6
Black	404	#	# - #	#	# - #
Other	330	61.3	41.4 - 78.0	#	# - #
Hispanic Origin					
No	12,474^	45.5	41.9 - 49.1	54.6	51.0 - 58.1
Yes	207^	#	# - #	#	# - #
Education					
< High School	1,304	66.7	52.5 - 78.4	33.3	21.6 - 47.5
High School	4,094	57.9	51.5 - 64.0	42.1	36.0 - 48.5
> High School	7,251	35.7	31.6 - 40.1	64.3	59.9 - 68.4
Marital Status					
Married	7,407	41.7	37.3 - 46.2	58.3	53.8 - 62.7
Not Married	5,289	51.1	45.3 - 56.8	48.9	43.2 - 54.7
Income					
\$14,999 or less	3,122**	52.9	45.5 - 60.2	47.1	39.9 - 54.5
\$15,000-24,999	1,540**	47.8	38.0 - 57.7	52.2	42.3 - 62.0
\$25,000-49,999	2,292**	42.5	35.0 - 50.4	57.5	49.6 - 65.0
\$50,000 or more	4,084**	35.8	30.4 - 41.6	64.2	58.4 - 69.6

Enrolled in WIC							
No	6,960**	39.2	34.9 - 43.8	60.8	56.2 - 65.1		
Yes	4,966**	53.8	48.1 - 59.4	46.2	40.6 - 51.9		
Enrolled in MaineCare/Medicaid							
No	5,455**	37.4	32.7 - 42.4	62.6	57.6 - 67.4		
Yes	6,510**	52.2	47.3 - 57.2	47.8	42.8 - 52.7		
Infant's birth weight							
<2500 grams	855	51.3	47.6 - 55.0	48.7	45.0 - 52.4		
2500 grams or more	11,831	45.1	41.4 - 48.9	54.9	51.1 - 58.6		

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

* *Survey Question 1b: During the 12 months before you got pregnant with your new baby, did you exercise 3 or more days of the week?*

** Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2011 birth file.

There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services
Office of Data, Research, and Vital Statistics